

Finding Friends

If you are struggling to find new friends, here is list of suggestions to make it a bit easier for you.

- Join our au pair only Meet & Greet. For upcoming dates, check out <https://www.smartaupairs.com.au/why-smartaupairs/our-au-pairs/arrival-package/meet-greet-calendar/>
- Join our exclusive Facebook group for our au pairs only by searching: "Au Pairs Australia – Smartaupairs".
- Ask your host family to introduce you to au pairs and/or other people of your age.
- Sign up to a TAFE/ language course that fits in around your schedule. Your local library might have classes too.
- Join a local club – like (team) sports, a gym, fitness, running, music, reading, chess, or a film club. Ask your host family or visit your local library/community centre.
- Join one of our excursions. We work together with Backpackers World Travel to organise lots of excursions and get-togethers from drinks in the city to surf camps. Find out what's happening on our Facebook Group or monthly newsletter.
- Register with other au pair Facebook groups e.g. Sydney Au Pairs.
- Connect with other people who are new to your area and who would also like to meet up and explore. Try www.meetup.com and type in your city or postal code and use keywords such as: au pair, nanny, language class etc.
- Get involved in volunteering. Check out your local school, especially if your host children go there or, Google 'volunteering + your location' to find out how to get involved in local events, conservation & wildlife projects, and others through your community centre.

For Au Pair Joyce's suggestions, check out her blog for more handy tips to meet new people:

<http://www.aupairsquare.com/how-to/how-to-meet-new-people-during-your-au-pair-time/>